

CHRISTIAN JORDAL, PH.D.

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LICENSED MARRIAGE & FAMILY THERAPIST / CERTIFIED SEX THERAPIST

Clinical Practitioner, Educator & Legal Consultant

- Credentialed and Licensed Marriage and Family Therapist (LMFT), individual, couple, and family therapist, sex therapist, and practitioner of emotionally-focused therapy with more than a decade of experience in clinical practice and as an educator of human sexuality and relational therapy.
- Qualified consultant to attorneys in the evaluation of mental health with legal ramifications, focus:
 - > Marriage/family interactions
 - > Human sexual behavior
 - > Civil litigation, family law, employment litigation, and criminal jurisdictions
- Committed to exceptional client care and advancement of the profession through research, scholarship, service, and mentorship.

Professional & Research Interests

Standards of Care in Marriage & Family Therapy and Sex Therapy | Human Sexuality | Sex and Relationships | Consent | Consequences of Miscommunication about Intimacy | Sexual Abuse and Harassment | Marriage and Infidelity | Diverse Families | Domestic Partnerships | LGBTQ Issues, Transitions, and Relationships | MFT Training/Education

LICENSURE & CERTIFICATIONS

Licensed Marriage and Family Therapist, Pennsylvania – License MF000699 (Issued 2012) Active
Approved Supervisor, American Association for Marriage and Family Therapy Active
Certified Sex Therapist, American Association of Sexuality Educators, Counselors, and Therapists Active
Certified Sex Therapist Supervisor in Training, American Association of Sexuality Educators, Counselors, & Therapists

ACADEMIC APPOINTMENTS

DREXEL UNIVERSITY, COLLEGE OF NURSING AND HEALTH PROFESSIONS – Philadelphia, PA 2012-Present
Interim Department Chair, Department of Counseling and Family Therapy (2019) Current
Associate Clinical Professor, Department of Counseling and Family Therapy 2016-Present

PROFESSIONAL & PUBLIC SERVICE

NATIONAL COMMISSION ON ACCREDITATION FOR MARRIAGE AND FAMILY THERAPY EDUCATION

Alexandria, VA

Commissioner 2019-Present

- National Commission, elected by AAMFT membership, crafting accreditation policy, review of accreditation reports, and determination of North American program accreditation status
[\[https://www.coamfte.org/COAMFTE/About_COAMFTE/Meet_the_Commissioners.aspx\]](https://www.coamfte.org/COAMFTE/About_COAMFTE/Meet_the_Commissioners.aspx)
- Site Visitor, Accreditation of Marriage and Family Therapy Programs 2016-2018

STATE BOARD OF SOCIAL WORKERS, MARRIAGE & FAMILY THERAPISTS, & PROFESSIONAL COUNSELORS

Harrisburg, PA

Commissioner

2018-Present

- > Appointed by Governor, Pennsylvania congressional nomination.
- > Accreditation policymaker, evaluate ethical violation allegations by state MFT licensed practitioners, review individual applicants for state MFT licensure; and
- > Develop interpretation statements to support public understanding and adherence to state law

PENNSYLVANIA ASSOCIATION FOR MARRIAGE AND FAMILY THERAPY – Glenside, PA

Officer, Treasurer

2016-2018

Regional Director

2014-2015

CLINICAL & PROFESSIONAL EXPERIENCE

RELATIONSHIPPED, LLC – Philadelphia, PA

2015-Present

Founder & Practitioner

- Deliver on-site mental health and sex therapy services for individuals, couples, and families to support healthy relationships and personal wellness.
- Consultant to Attorneys about related issues in legal context.

REGROUPTHERAPY.COM – Virtual

2014

Licensed Marriage and Family Therapist

Utilized HIPPA-compliant technology to provide virtual mental health and sex therapy services nationally

CENTRA COMPREHENSIVE PSYCHOTHERAPY & PSYCHIATRIC ASSOCIATES – Philadelphia, PA 2013-2014

Licensed Marriage and Family Therapist: Mental health and sex therapy services for individuals and couples

Marriage and Family Therapist Internships & Residency

2004-2011

UNIVERSITY OF OREGON – Eugene, OR (2011)

MARRIAGE AND FAMILY COUNSELING SERVICE – Rock Island, IL (2010)

VIRGINIA POLYTECHNIC INSTITUTE & STATE UNIVERSITY – Blacksburg, VA (2008)

UNIVERSITY OF CALIFORNIA, SAN DIEGO MEDICAL CENTER – San Diego, CA (2006)

EDUCATION

VIRGINIA POLYTECHNIC INSTITUTE & STATE UNIVERSITY– Blacksburg, VA

Ph.D. in Human Development, Concentration: Marriage & Family Therapy (2011)

Post-Graduate Certificates

Advanced Training in Transgender Mental Health, WIDENER UNIVERSITY – Chester, PA

2018

Sex Therapy, COUNCIL FOR RELATIONSHIPS– Philadelphia, PA

2014

THE UNIVERSITY OF SAN DIEGO – San Diego, CA – *M.A. in Marital and Family Therapy*

2006

PENNSYLVANIA STATE UNIVERSITY – University Park, PA – *B.S. in Psychology*

1994

PROFESSIONAL AFFILIATIONS

American Association for Marriage and Family Therapy, Clinical Fellow
American Association of Sexuality Educators, Counselors, and Therapists
International Centre for Excellence in Emotionally Focused Therapy (ICEEFT)
International Family Therapy Association
Society for Sex Therapy and Research

EDITORIAL EXPERIENCE

Journal of Family Psychotherapy – Editor 2017-Present
Peer-reviewed quarterly journal of International Family Therapy Association

Journal of Marital & Family Therapy – Reviewer 2009-Present
Peer-reviewed flagship journal of American Association for Marriage and Family Therapy

Sexuality Now: Embracing Diversity (3rd edition), Cengage Learning Inc. 2009
Editor: J. L. Carroll | Belmont, CA: Wadsworth (2009) | Generated study guide and online test questions for revised edition

Family Relations – Peer-reviewed journal of National Council on Family Relations 2007-2008
Editor: Dr. Joyce A. Arditti | Virginia Polytechnic Institute & State University

Psychopharmacology Simplified, Collaborative Care Clarified: Essential Skills for the Contemporary Therapist 2005-2006
Editor: Dr. Jo Ellen Patterson | New York, NY: Guilford Press (2006)

PUBLICATIONS & PRESENTATIONS

Articles

Jordal, C., & Allen, K. (In process). Making it Work: How Intact, Mixed Orientation Married Couples Maintain Commitment Despite the Push to Choose.

Brown, T. B., Jordal, C., Linville, D., & Todahl, J. (2011). Embracing flux: Faculty and student partnerships toward a rich and evolving training environment. *Family Therapy Magazine, September/October*, 38-40.

Allen, K. R., Husser, E. K., Stone, D. J., & Jordal, C. (2008). Agency and error in young adults' stories of sexual decision-making. *Family Relations*, 57, 517-529.

Piercy, F., Banker, J., Traylor, R., Krug, S., Castanos, C., Cole, E., Ciafardini, A. J., Jordal, C., Rodgers, B., Stewart, S., and Goodwin, A. (2008). A Virginia Tech ethics class reflects on the shootings at Virginia Tech. *Journal of Marital and Family Therapy*, 34, 210-226.

Book Chapters

Ashton, D., & Jordal, C. (2019). *Revisioning Gender* in M. McGoldrick and K. V. Hardy (Eds.), *Re-visioning Family Therapy: Race, Culture, and Culture in Clinical Practice*. New York: The Guilford Press.

Jordal, C., Carneiro, R., & Russon, J. (2016). The Hows and Whys of Journaling as a Course Assignment. In H. Aponte and K. Kissil (Eds.), *Training the Person-of-the-Therapist: Theory and Implementation*. Rutledge, New York, NY.

Presentations

- Piercy, F., Crane, R., Jordal, C., Larner, G., Lebow, J., and Sexton, T. (2017). *Writing for Family Therapy Journals*. Presented at the 25th Annual Conference of the International Family Therapy Association, Malaga, Spain
- Jordal, C. (2015). American Association of Sexuality Educators, Counselors, & Therapists, 47th Annual Conference. *Queering Commitment: A Grounded Theory of Intact Bisexual-Heterosexual Marriages*. Brief presentation prospectus. Minneapolis, MN.
- Jordal, C. (2014) National Council on Family Relations, 76th Annual Conference. *Queering Commitment: A Grounded Theory of Intact Bisexual-Heterosexual Marriages*. Brief presentation prospectus. Baltimore, MD.
- Jordal, C. (2014). International Family Therapy Association, 21st Annual Conference. *Using Simulated Learning Environments to Test Clinical Readiness of CFT Master's Students*. Panama City, Panama.
- Traylor, R., Krug, S., Piercy, F., Goodwin, A., Banker, J., Jordal, C., Rodgers, B., & Cole, E. (2008). American Association for Marriage and Family Therapy, 66th Annual Conference. *Ethical Reflections on the Shootings at Virginia Tech*. Memphis, TN.
- Jordal, C. (2006). 31st Annual Southeast Symposium on Child & Family Development. *What Constitutes Support?: Facilitating Sexual Identification & Inclusion Among College Students – Prospective Group Exercise*. Blacksburg, VA.
- Kimel, S. Y., Brouillard, C. R., Ching, H. A., Gelle, S. A., Sandoval, A., Jordal, C., & Sieber, W. J. (2006). Society of Behavioral Medicine Meeting, 27th Annual. *Cultural Differences in the Estimation of Health Status*. San Francisco, CA.
- Sarkin, A., Seiber, W., Santoso, J., Harvey, J., Jordal, C., Patterson, J., & Kallenberg, G. (2005). Society of Behavioral Medicine, 26th Annual Meeting. *Gender, age and cohabitation moderate relationship between mobility and depressive symptoms*. Boston, MA.
- Sieber, W. J., Lang, A., Sarkin, A., Kallenberg, G., Santoso, J., & Jordal, C. (2005). Society of Behavioral Medicine Meeting, 26th Annual Meeting. *Identifying best items for assessing anxiety in primary care*. Boston, MA.

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